



Building Better Teams

Managing Team Systems & Dynamics

What this is about

Effective teams play a pivotal role in driving businesses toward their goals by amplifying collaboration, enhancing problem-solving capabilities, and maximizing individual strengths in a unified effort.

In this learning session, we delve into the heart of effective teamwork and explore managing team systems and dynamics. We'll uncover the core elements that define effective teams and gain insights into the conditions pivotal for their success. Through engaging discussions, we'll dissect the phases of team development and discuss tools and practices to help team leaders build or fortify the team's foundation and achieve alignment.

Whether you're a leader or a team member, the principles you'll glean here will empower you to foster a culture of collaboration and elevate your team's achievements.

Where we journey

- What defines a team and how it operates.
- Elements of a cohesive high-functioning team.
- Reflection: How are we operating as a team today?
- Tuckman's Model of Team Development: Forming, storming, norming and performing.
- Tools to establish and support team development through the phases.
- Team derailers and impacts to productivity.
- Communication practices to build team unity.

Building Better Teams

What we learn together

By the end of this session learners will be able to:

- Distinguish between a team and a group.
- Understand the elements of a cohesive, high-functioning team based on the [Patrick Lencioni](#) model.
- Identify the development phases of a team and where their team sits.
- Apply the right team building tools at the right level of development.
- Lean into communication practices that will strengthen the team and instill confidence.

Who is this for?

- Team leaders who want to build team collaboration and elevate the team's achievements and results.
- Teams looking to elevate their achievements and operate as a cohesive, high-performing team.

How we learn

- Delivered in-person or online.
- Duration: Scalable from 2 to 4 hours.
- Facilitated by experienced leaders and trainers who are International Coaching Federation (ICF) certified coaches.
- Interactive and participative. We use real-play, not role-play, and lean into inquiry, discussion, demonstration, and practice to integrate and embed the learning.

What's Next

Take action. To learn more or book this session reach out to us at hello@fluencyleadership.com.