



What this is about

In the realm of decision making, the paradox of its complexity and significance is evident. Why is decision-making so challenging, yet undeniably crucial?

This learning session elevates your decision-making game and empowers you to navigate the labyrinth of choices with confidence.

Using a design-thinking approach to navigate the process of "choosing well," this workshop helps you explore the possibilities, narrow choices, choose well, and let go and move on.

It also equips you with techniques and tools to define your decision-making process, establish decision criteria, and demystify decision making.

Where we journey

- The barriers to decision making.
- Embracing the process of choosing well.
- Exploring where good choices come from.
- The decision criteria of date and state.
- Decision Making Tools: The Pros and Cons List and Decision Tree.
- How to manage expectations around decision making using the 4 V's.
- How to involve others in decision making and avoid groupthink.

How to Make Decisions

What we learn together

By the end of this session learners will be able to:

- Articulate and apply the process of choosing well.
- Gain confidence about narrowing options, reducing second guessing.
- Understand your own decision-making process.
- Apply decision making tools to support current decisions.
- Be explicit about what you are asking for when inviting input into the decision-making process.

Who is this for?

- Leaders who want to increase their confidence and elevate their decision-making skills.
- Team Leaders looking to establish decision-making processes in their teams.
- Emerging leaders who want to learn decision-making skills.

How we learn

- Delivered in-person or online.
- Workshop Duration: 2 to 4 hours.
- Facilitated by experienced leaders and trainers who are International Coaching Federation (ICF) certified coaches.
- Interactive and participative. We use real-play, not role-play, and lean into inquiry, discussion, demonstration, and practice to integrate and embed the learning.

What's Next

Take action. To learn more or book this session reach out to us at hello@fluencyleadership.com.