



# The Coach Leader

# fluency

## What this is about

This practical workshop introduces coaching skills and equips leaders to get the best out of their team by taking more of a coach approach to their leadership.

More than ever, leaders need their people to be more independent, self-reliant, and self-motivated. And people need their leaders to empower them, help them learn, and hold them capable of solving problems instead of commanding, telling and solving.

Coaching skills are key to developing talent in your organization. Leaders who operate as coaches are game changers who have the potential to create the highest levels of performance, capacity, development and fulfillment for their teams, their organizations, and themselves. Coaching is the leadership superpower for the next generation of leaders.

## Where we journey

- What coaching is and is not.
- Coaching in action through a live demo.
- How coaching fuels learning to create independent thinkers and future leaders.
- Basic neuroscience of coaching.
- The coach mindset and stance.
- Applying coaching to your leadership.

## What we learn together

By the end of this workshop learners will be able to:

- Understand how coaching skills strengthen leadership and when to use them.
- Identify coaching behaviours that encourage momentum and self-reliance.
- Communicate using powerful questions and active listening.
- Create energy and momentum and unlock potential using natural curiosity.

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## Who is this for?

- Current or emerging leaders who want to learn and apply foundational coaching skills and approaches to their leadership to unlock the potential in others.
- Ideal for organizations who are looking to build a Coaching Culture.

## How we learn

- Delivered in-person or online.
- Duration: Scalable from 2 to 6.5 hours.
- Facilitated by experienced leaders and trainers who are International Coaching Federation (ICF) certified coaches.
- Interactive and participative. We use real-play, not role-play, and lean into inquiry, discussion, demonstration, and practice to integrate and embed the learning.

## What's Next

Take action. To learn more or book this workshop reach out to us at [hello@fluencyleadership.com](mailto:hello@fluencyleadership.com).