

Courageous Conversations

fluency



What this is about

Whether delivering difficult feedback about performance, or a disagreement on strategy, the thought of a challenging conversation can stop us in our tracks. Very often, we simply avoid it. Leadership requires us to go into the tough places and have the crucial conversations that resolve persistent challenges, solve tough problems, and create more space for better conversations. When the stakes are high, the emotions are strong, and the opinions are varied, we need the skills and mindset to engage in courageous conversations with purpose and a positive mindset.

Where we journey

This workshop explores building a team-wide approach to courageous conversations that instills confidence, creates more collaborative dialogue with partners, and empowers stronger and more resilient relationships with your team and client groups. We dive into the thought leadership of Kim Scott (Radical Candor), Sheila Heen & Douglas Stone (Thanks for the Feedback) and Peter Bregman (Leading with Emotional Courage). We also explore:

- The barriers and challenges to having the right courageous conversations and the benefits to having them.
- The courageous conversation mindset.
- Tools to reframe how we think about courageous conversations.
- A tool to map your courageous conversation.

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What we learn together

By the end of this workshop learners will be able to:

- Gain an understanding about how to foster trusting relationships that pave the way for better conversations.
- Articulate what makes difficult conversations so challenging and what makes them so important.
- Develop the skills and knowledge needed to map out your courageous conversation.

Who is this for?

- Current or emerging leaders who want to learn to have the courageous conversations required to move forward.
- High-performing teams who know that courageous conversations lead to better results.

How we learn

- Delivered in-person or online.
- Duration: Scalable from 2 to 4 hours.
- Facilitated by experienced leaders and trainers who are International Coaching Federation (ICF) certified coaches.
- Interactive and participative. We use real-play, not role-play, and lean into inquiry, discussion, demonstration, and practice to integrate and embed the learning.

Related Workshop

We offer a complementary workshop called Giving and Receiving Feedback, which lays the foundation for this Courageous Conversations workshop.

- Giving and Receiving Feedback: This workshop explores why giving and receiving feedback is so vital to helping team members learn and grow as well as the different types of feedback we can give. It also delves into how the feedback receiver is in charge.

What's Next

Take action. To learn more or book this workshop, reach out to us at hello@fluencyleadership.com.